

Suggested Reading



Minneapolis/St. Paul, Minnesota

www.childrenshc.org

NICU Follow-Up Clinic

(612) 813-6722, Children's - Minneapolis

(651) 220-8063, Children's - St. Paul

Suggested books for parents

Brazelton, T. Berry. *Infants and Mothers*.
(New York: Dell, 1983)

Brazelton, T. Berry. *On Becoming a Family*.
(New York: Dell, 1981)

Eisenberg, Arlene. *What to Expect the First Year*. (New York: Workman, 1989)

Ferber, R. *Solve Your Child's Sleep Problems*.
(New York: Simon and Schuster, 1985)

Hagstrom and Morrill. *Games Babies Play*.
(New York: Pocket Books, 1977)

Hagstrom and Morrill. *More Games Babies Play*. (New York: Pocket Books, 1977)

Harrison, Helen. *The Premature Baby Book*.
(New York: St. Martin's, 1983)

Jones, Sandy. *Crying Babies, Sleepless Nights*.
(New York: Warner Books, 1983)

Leach, Penelope. *Babyhood*.
(New York: Knopf, 1983)

Marantz, Robin. *Your Premature Baby*.
(New York: Ramson Associates, 1983)

Nance, Sherri. *Premature Babies: A Handbook for Parents*. (New York: Arbor House, 1982)

Suggested books for babies

Kindersley, Dorling. *My First Board Books*.
Brightly colored, books that are full of pictures of familiar objects, people and places.

Ricklin, Neil. *Super Chubby Board Books*.
Great for little hands. Bright and cheerful photo board books will entice baby to explore the world of books.

Wells, Rosemary. *Read Aloud Series*.
Introduces your baby to classic songs like "The Itsy Bitsy Spider."